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## Fit for Real People: Sew Great Clothes Using ANY Pattern (Sewing for Real People series)

*Pati Palmer, Marta Alto*

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**Pati Palmer, Marta Alto : Fit for Real People: Sew Great Clothes Using ANY Pattern (Sewing for Real People series)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Fit for Real People: Sew Great Clothes Using ANY Pattern (Sewing for Real People series):

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information. Fit for Real People is the most comprehensive and also organized very well.

Presented in a new edition that adds updated pattern industry news and revised rules for selecting pattern size, this easy and practical fitting system requires no measuring, no drafting skills, no muslin mock-ups and it works with all brands of tissue paper patterns. Real people of all ages are featured in photographs that explain the steps of cutting out pattern pieces, pinning them together, and adjusting the fit. Special attention is paid to tricky challenges such as accommodating a full bustline, adjusting sleeves, or reworking a garment to make it more flattering, as well as alternative fitting methods such as draping and computer design. Metric conversion charts, charts for comparing pattern company bodice measurements, and a history of American dress design (Just where did size 10 come from?) make this book a versatile reference.

"This is the most practical and complete book on fitting the body." Clotilde