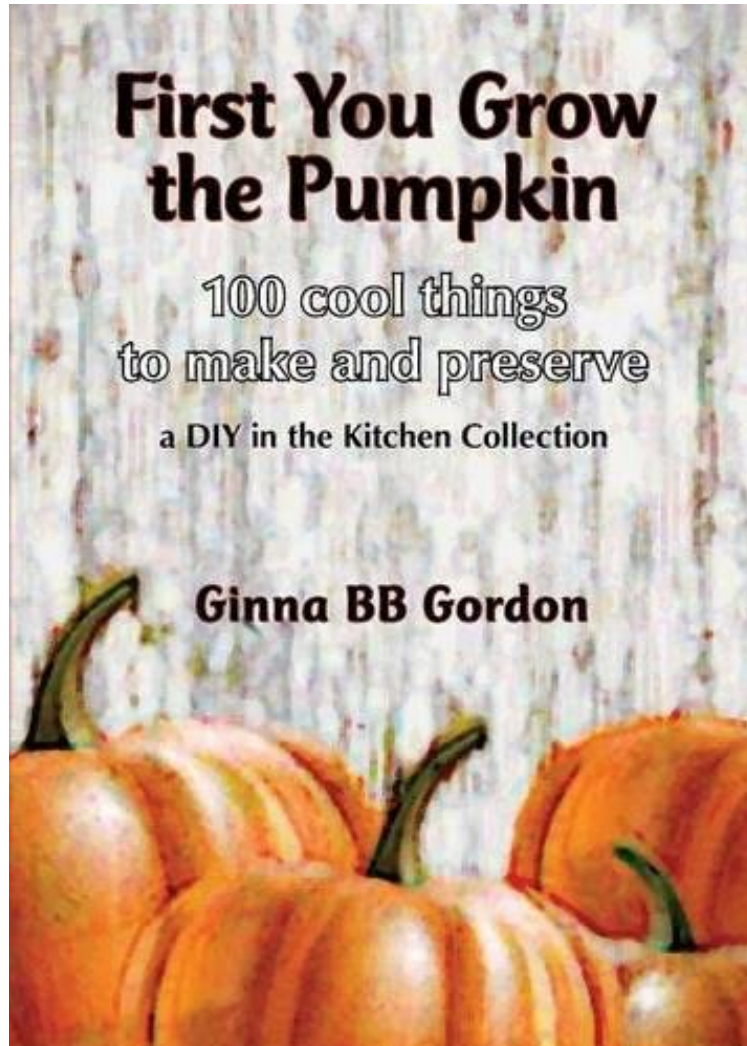


(Free) First You Grow the Pumpkin

First You Grow the Pumpkin

Ginna Gordon

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Ginna Gordon : First You Grow the Pumpkin before purchasing it in order to gage whether or not it would be worth my time, and all praised First You Grow the Pumpkin:

1 of 1 people found the following review helpful. An author of many, many talents.By Mary McpeekGianna's collection of recipes, gift ideas and kitchen wizardry knows no boundaries. I admit that my review may be slightly biased, as I've had the great fortune to have been gifted some of her handy work and also to have enjoyed her edible delights. That said, this really is a book to have or to give for someone who wants to use their kitchen for more than "just dinner". On top of the great recipes and ideas Ginna also entertains with stories and anecdotes from her life and you will find her writing a pleasure.

"First You Grow the Pumpkin" shares one woman's way of eating, feeding her family, being creative and preparing deliciousness from scratch. It is truly easier than you think. This is a collection of the many, varied and simple things you can make, grow, "put up" or concoct in your kitchen. It covers basics, like soup stock reduction and yogurt. And, Pumpkin Mash, of course, and even a good lotion for your hands. It's not a diet, just a way of life. The author eats organic as much as possible, from protein to fresh vegetables, dairy to dry goods. She has stock in the freezer to enhance rice or sauces. She makes hostess gifts and holiday presents from her own ingredients, with her own hands. In this personal handbook, Ginna tells you how to do it. This book is one of Ginna's contributions toward growing a better world. Just say, "I'll do it myself."