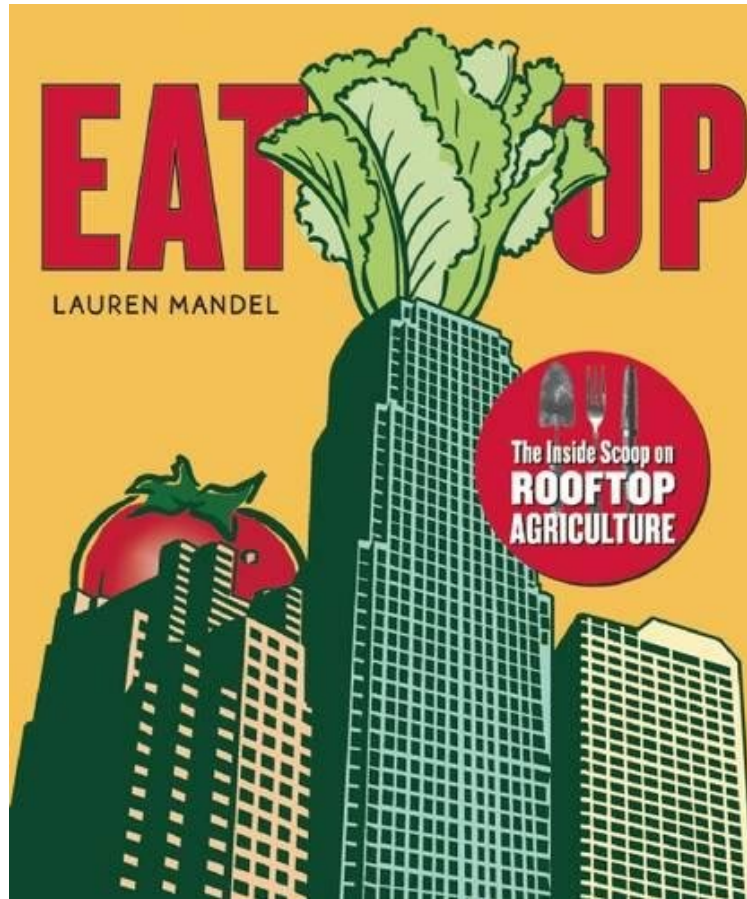


(Download) EAT UP: The Inside Scoop on Rooftop Agriculture

## EAT UP: The Inside Scoop on Rooftop Agriculture

*Lauren Mandel*

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#909905 in Books 2013-05-14Original language:EnglishPDF # 1 8.90 x .80 x 7.40l, 1.20 #File Name: 0865717354280 pages | File size: 19.Mb

**Lauren Mandel : EAT UP: The Inside Scoop on Rooftop Agriculture** before purchasing it in order to gage whether or not it would be worth my time, and all praised EAT UP: The Inside Scoop on Rooftop Agriculture:

1 of 1 people found the following review helpful. Five StarsBy patrick careyBest book on the subject I have encountered.3 of 4 people found the following review helpful. Want to grow food on your roof? This is the book for you!By Jake Stein GreenbergThis book is perfect for anyone who wants to bring farm fresh food to their own roof. If you have a small family or want to start a farm, this book has it all! Superbly written with excellent pictures, it is accessible to everyone from the novice to the farmer with expertise. This book is fantastic!3 of 3 people found the following review helpful. Best book on rooftop gardeningBy Katharine DubowThis is a great book for gardeners of all levels looking to start a rooftop garden. Love the profiles of different gardens across the country. Well researched and well written!

Soaring prices and concerns about chemical-laden fruits and vegetables increasingly drive us to grow our own healthy food close to home. In cities, however, vanishing ground space and contaminated soils spur farmers, activists, and

restaurateurs to look to the skyline for a solution. The hunger for local food has reached new heights, and rooftops can provide the space that cities need to bring fresh, organic produce to tables across North America. The first full-length book to focus entirely on rooftop agriculture, *Eat Up* views this growing movement through a practitioner's lens, explaining: Structural, access, and infrastructural considerations Zoning and building codes Proven growing techniques Business and marketing strategies This graphically rich guide provides inspiration and advice to aspiring growers through photographs of successful rooftop farms and gardens and interviews with industry professionals. Easy-to-use checklists and a decision tree are included to help gauge the viability of each unique rooftop opportunity. Essential reading for home gardeners, entrepreneurs, restaurateurs, policy makers, academics, and designers, *Eat Up* takes urban agriculture to a whole new level, proving that rooftop farming is not just pie in the sky it is the future of urban food. Lauren Mandel holds a master's degree in landscape architecture from the University of Pennsylvania and a bachelor of arts degree in environmental science. She is a project manager and rooftop agriculture specialist at Roofmeadow, where she designs green roofs and oversees green roof and rooftop agriculture projects around the country.

A smart, comprehensive guide for ambitious beginners, written by a woman with extensive expertise in her rooftop field. If we're going to see gardening spread atop our skylines, it'll be led by farmers with Ms. Mandel's book in their backpack ... This guide suits all cities, roofs and styles of farming: once read, you can no longer ignore the possibilities above us. Green thumbs up! --- Annie Novak, Co-Founder and farmer, Eagle Street Rooftop Farm Ms. Mandel offers a practical introduction to the exciting potential as well as the challenges associated with rooftop agriculture. *EAT UP* is a must read for designers, urban planners and agriculturalists who are thinking seriously about how our cities can accommodate the pressing needs of the 21st century. This book offers useful case studies of successful projects which serve a wide range of values, including building community, promoting social justice, and bolstering public health. --- Charlie Miller, President, Roofmeadow