

# Dress Your Best: The Complete Guide to Finding the Style That's Right for Your Body

Clinton Kelly, Stacy London  
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Clinton Kelly and Stacy London

Hosts of TLC's  
**What Not to Wear**



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#66875 in Books Kelly, Clinton/ London, Stacy 2005-09-13 2005-09-13Original language:EnglishPDF # 1  
9.10 x .60 x 7.40l, 1.51 #File Name: 0307236714256 pagesHarmony | File size: 70.Mb

**Clinton Kelly, Stacy London : Dress Your Best: The Complete Guide to Finding the Style That's Right for Your Body** before purchasing it in order to gage whether or not it would be worth my time, and all praised Dress Your Best: The Complete Guide to Finding the Style That's Right for Your Body:

2 of 2 people found the following review helpful. As a gentleman that likes to always be his best selfBy Gentleman AdventurerAs a gentleman that likes to always be his best self, I decided to take the advice of a fashion consultant friend of mine and purchase this book. I am glad I did. It gave me a ton of good advice for my body type (and everyone else). If you are interested in this and can get the book at a good price, go for it. I really don't think you will regret it.0 of 0 people found the following review helpful. mostly picsBy Helpful HannahGlad I got this one used, will not be part of my collection by any means. Thought there would be more info on dressing but instead was mostly pictures. Also I could not seem to fit myself into their categories, although some of their suggestions for the various

body types were pretty interesting. And the last men's section I just skipped over. I'll send this one to charity. 14 of 14 people found the following review helpful. Wonderful Guide By Little Mom I find myself referring to this book time and again because of the beautiful color pictures. Many other style books use artist's drawings, but this book features real live people (not professional models with their ridiculous Barbie proportions) with different body types and this adds another dimension. You will be amazed at some of the transformations, and you instantly see what the authors are talking about - it was easy to actually apply the guidelines. Regarding the reviews which suggest that only a few pages are relevant to any one person - this is not true! Many tips which are relevant to everyone are included in the body types which may not exactly match yours. I found all the examples interesting and informative. No one style book can do it all. For fantastic information regarding fit, I recommend *The Pocket Stylist* by Kendall Farr. For figuring out your style and many other organizational tips, I suggest *Nothing to Wear?* by Jesse Garza and Joe Lupo. With these three books, you are set to transform your wardrobe no matter what your body type and save money by minimizing the wrong purchases.

The 8 million fans of TLC's hottest show, *What Not to Wear*, know it as the place to go for real-life fashion advice. Now the show's hosts, Clinton Kelly and Stacy London, offer spot-on fashion wisdom with an attitude in this fully illustrated, authoritative, and irreverent fashion guide to dressing your best for every occasion. Clinton and Stacy's surefire method for boosting appearance rests on their belief that we can all win admiring glances by selecting clothes that play up our positives and create a balanced body shape. In *Dress Your Best*, Clinton and Stacy match a wide range of female and male body types with the perfect work, casual, and evening attire, showing you exactly how to make your best parts work for you. Dressing tips for 26 body types! Features 18 women and 8 men: bigger on top, bigger on bottom, a little extra in the middle, not curvy, extra curvy, small-framed, athletic, and more! Whether you're searching for a way to accentuate your assets, puzzling over the right print pattern for your frame, or just looking for a solution to the dilemma *What do I need to wear to look fabulous?* you'll find here the universal tips, dos and don'ts, seasonal alternatives, and must-haves that will deliver the answers. *Dress Your Best* is certain to become the standard by which all other fashion guides are measured.

From Publishers Weekly The spunky hosts of TLC's *What to Wear* present a fashion guide that's empowering, friendly and exceedingly useful. No gimmicky, fruit-related body shape names here Kelly and London keep things simple. For each of their female body types "bigger on top," "bigger on the bottom," "a little extra in the middle," "curvy," "not curvy," etc. there's advice for petite, average height and tall women. (The men's section is equally straightforward if shorter: "tall," "athletic," "barrel-chested," etc.) Kelly and London use positive reinforcement (there are many more "dos" than "don'ts"), and sprinkle "universal tips" applicable to any body type throughout. Each type's section opens with a photo of an average-looking model sporting a basic swimsuit, along with comments from the model and the authors. Although they don't cite brand or store names, Kelly and London give plenty of specific advice: e.g., a straight dress will accentuate curves on an hourglass shape; a jacket with a moderately low "stance" (v-neck) will help the upper body appear longer. Ladies and gentlemen, start your shopping engines and don't leave home without this book! Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From Booklist The sweet yet knowledgeable and even assertive fashionistas who are the hosts of the hit cable TV show *What Not to Wear* set their precepts down in print in this delightfully upbeat and decidedly informative primer for both men and women. Their firm, understandable, and workable advice is underscored by their desire not to change anyone's body type--no preaching about dieting here--but simply to get people to understand their own body types and dress appropriately for the best effect. Kelly and London take 15 real women and 8 real men as "subjects," representing all types of bodies, from "bigger on top" to "barrel-chested," and with both illustrations and text, they suggest, for each subject, three outfits to wear for work, weekend, and evening. This book should be regarded as fun reading, not as a chore; the authors' approach to fashion is not as an arcane code capable of being grasped only by certain enlightened people. In their hands, fashion is not only about looking good but also about having a good time while doing so. Brad Hooper Copyright American Library Association. All rights reserved Ladies and gentlemen, start your shopping engines . . . and don't leave home without this book. Empowering, friendly, and exceedingly useful. Publishers Weekly