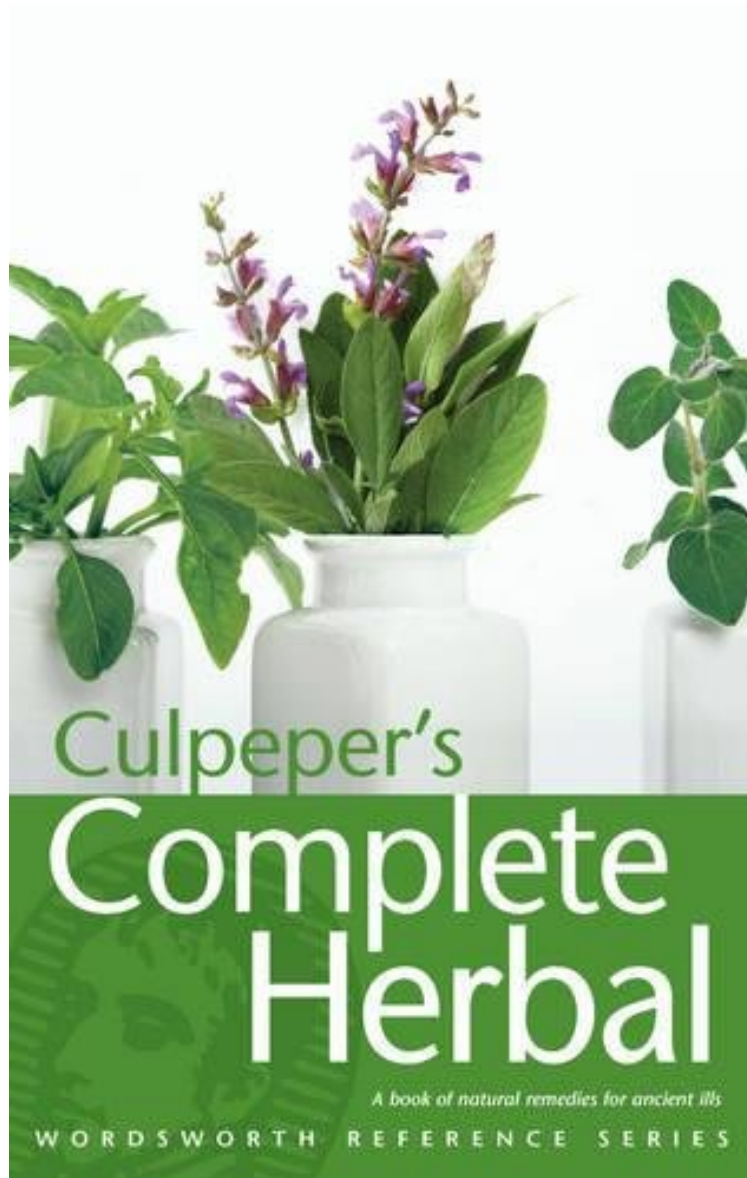


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# Culpeper's Complete Herbal: A Book of Natural Remedies for Ancient Ills

*Nicholas Culpeper*

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**Nicholas Culpeper : Culpeper's Complete Herbal: A Book of Natural Remedies for Ancient Ills** before purchasing it in order to gage whether or not it would be worth my time, and all praised Culpeper's Complete Herbal: A Book of Natural Remedies for Ancient Ills:

26 of 27 people found the following review helpful. Includes Everything, But...By Dr. DRaven Starhawk  
Cunningham's edited rendition of the "Complete Herbal" definitely does Culpeper some justice; however, a crucial element is lacking. The "Original Epistle to the Reader" in the beginning of the book is NOT complete. Ms. Cunningham omitted a vital portion of information that is essential to Culpeper's philosophy: his original instructions on how to exactly apply these herbs (a.k.a. his theory of sympathy, which embodies the Universal Law of Polarity). Perhaps this is what's meant by the fact that this book is "edited by...", and if so, this is very disheartening. These guidelines are essential to understand if you're going to apply these herbs therapeutically. Without providing these instructions, as given in his original epistle to the reader, the reader is left clueless regarding the larger scope of this work. Hence, my 4-star rating. Other than that, all herbs are included, and the addition of more modern herbs to the compendium is a nice little treat.5 of 5 people found the following review helpful. The very early local "pharmacies"By MaryIf you have ever wondered where our current medications come from, this is the historical answer. Instead of Walgreens or CVS, they grew herbs or picked herbs and made rough cut medications. This old book names names and tells how to prepare. More of a reference book than a steady read. So do you know what very common heart drug comes from foxglove?1 of 1 people found the following review helpful. Old, outdated methods and language but still neat to haveBy CatSimonsI wouldn't use this as a go-to medicinal guide, but it is a good historical reference and fun to read. Very old with outdated methods and language but still cool to have nonetheless. I have a shelf full of herbal medicinal reference books and I cross reference them all. I was looking for something like that with this book but I wouldn't use it for that.

From Amara Dulcis to Yarrow, All-Heal to Viper's Bugloss, Culpeper's Complete Herbal and English Physician Enlarged offers remedies for all ills known to Seventeenth century society. Together with the alphabetical section on herbs, their provenance and properties, there is The English Physician and Family Dispensary, which provides an astrologo-physical discourse of the human virtues in the body of man. Nicholas Culpeper (1616-1654) studied at Cambridge and became an apothecary, physician and astrologer in London. Whilst only the imprudent would follow his dictates today without question, the Herbal remains a fascinating historical treatise, and stands as a monument to botanical and medical science.