

# Cosmic Colouring: Mandala Magic (Cosmic Colouring Books For Adults) (Volume 1)

Alan Kiddle

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## COSMIC COLORING

ADULT COLORING BOOK  
*21 magic mandalas*



ALAN KIDDLE  
MAGIC MANDALAS - SERIES 1

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**Alan Kiddle : Cosmic Colouring: Mandala Magic (Cosmic Colouring Books For Adults) (Volume 1)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Cosmic Colouring: Mandala Magic (Cosmic Colouring Books For Adults) (Volume 1):

This adult coloring book has 21 high quality Mandala patterns. Each page is printed single sided for best coloring and conservation quality. Designs range from simple to complex and allow plenty of space for you to colour add your own touches # Coloring sparks your creativity. # It's easy to enjoy anywhere, anytime and you don't have to spend a fortune. # Coloring improves concentration. # When you color your brain experiences similar benefits to meditation. # You'll have less stress and anxiety. # You'll feel very satisfied after completing a page. # You'll strengthen your motor

skills. Mandalas provide hours of relaxing, mindful, calm, and fun, creative expression. They will guide you into a calm and relaxing journey all of your own You don't have to have a lot of time or money to color in. Adult coloring books are now a very popular fun way to gift time out to yourself. Please order now and enjoy! (Alan lives in New Zealand, with a comedian dog, two plum trees, an apple tree, and one grumpy cat) Cosmic Coloring Magic Mandalas, Adult Coloring Books, Mandala Coloring Books.