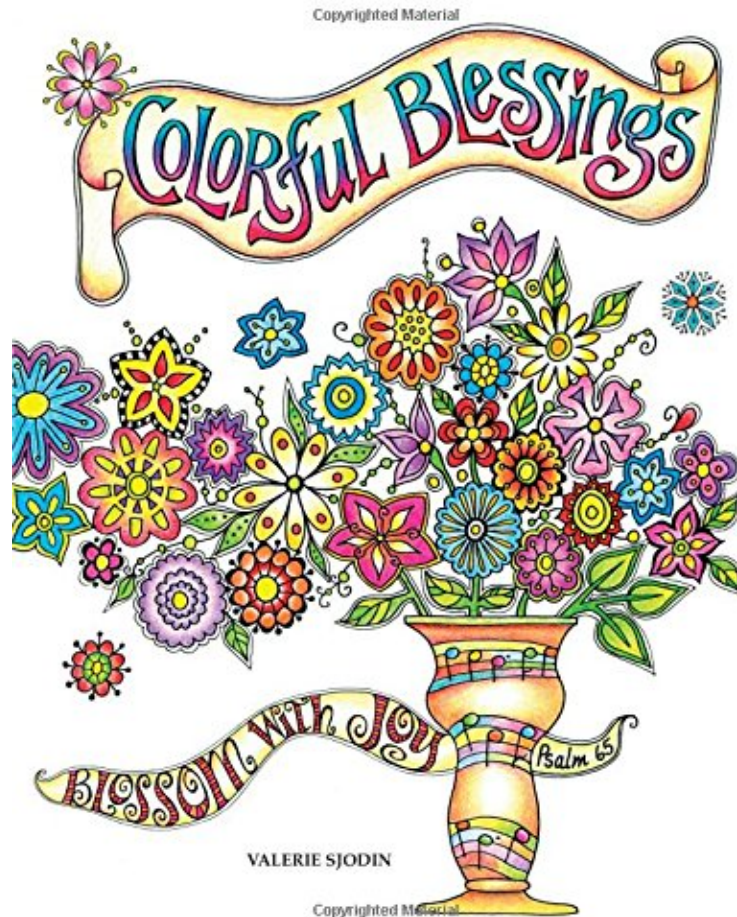


Colorful Blessings

Valerie Sjodin

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#178675 in Books Taunton Press Model: 289612 2016-02-02 Original language: English PDF # 1 10.88 x .27 x 8.50l, .72 #File Name: 163186656796 pages Taunton Press-Colorful Blessings | File size: 70.Mb

Valerie Sjodin : Colorful Blessings before purchasing it in order to gauge whether or not it would be worth my time, and all praised Colorful Blessings:

7 of 7 people found the following review helpful. 47 Graceful and Lovely Christian-based Designs printed on one side of perforated paper By iiiireader[[VIDEOID:57ecc28ed5cfb27575a443187294effe]] I love to find great Christian inspired coloring books. Colorful Blessings by Valerie Sjodin is one that I found by accident while searching for another coloring book. I am so glad I found it. It is well made with 47 hand-drawn beautiful and spirit filled designs. It is a real pleasure just to leaf through the coloring book. While I was coloring in it, I found myself pondering the words I was reading and what they meant to me at this point in my life. I find that I can use a Christian coloring book as part of my daily devotional time I let the scripture on the page I am coloring become my study guide. Some of the pages include areas for journaling your thoughts, etc. Each design features a Bible verse (along with the cite so you can look up if you wish to put it in context.) There are also a few quotes from unknown authors. The translations used in the

book are: The Holy Bible, New International Version NIV, The Message, the New American Standard Bible, the Good News Translation in Today's English Version, the Holy Bible, New Living Translation, the New Revised Standard Version Bible, and The Passion Translation. The designs incorporate the words in a variety of fashions in some you can color some or all of the quote while in most, the words are a twirling elements within the designs. For my first project, I chose a design that speaks to me as a Christian and as a gardener. I used a wide variety of coloring mediums, include: alcohol-based markers (Sharpies, Bic Mark-its, and Copic), Prismacolor Premier pencils, and for fun, Sakura Gelly roll gel pens (white for the falling snow and silver glitter for the snowflakes.) I loved the way I could incorporate so many mediums and still have a cohesive finished project. I will provide detail on what I found in the book below, but as a quick overview, this is what I discovered: 47 Christian Designs with Scripture Designs printed on one side of white perforated paper Glue binding Designs stop well before the perforations Easy to lay in flat open position Alcohol-based markers bleed through the page Water-based markers and India ink pen leave slight color shadow on back of page Gel pens do not bleed through but leave an indistinct shadow on back of the page Coloring pencils work very well with this paper The designs are printed on one side of medium weight, white perforated paper. The designs stop well before the perforations, so if you remove a page from the book, you will not lose any part of the design. The binding is glued rather than sewn. You can get the book to lay in a flat open position by breaking the spine by creasing it hard. I test all of my coloring books with a variety of coloring medium (which I will list at the end of this review.) This is what my tests showed: Alcohol-based markers of all types and tips bleed through immediately. Water-based markers and India ink pens leave a color shadow on the back of the page. Gel pens also leave a shadow but you cannot distinguish the color of the ink through the page. Coloring pencils worked very well with this paper. My soft lead pencils went on with deep color and blended well. My hard lead pencils were also on the darker side but did leave the slightest of indents on the back of the page. Because of the bleed through and dent issues, I will be sure to always use a blotter page under the page I am working on. I recommend heavyweight paper or card stock or simply removing the page from the book before you color. Either way, you will be protecting the rest of the book from damage due to leaking ink or dents marring the page below. These are the coloring medium that I use for testing. If there is something else you feel I should be testing, please let me know and I will see if I can add it to my growing pile: Markers: 1) alcohol-based Copic Sketch, Prismacolor double ended markers (brush and fine point), Sharpies (fine and ultra-fine) Bic Mark-its (fine and ultra-fine) and 2) water-based Tombows dual end markers (brush and fine point), Stabilo 88, and Staedler triplus fineliners India Ink: Faber-Castell PITT artist pens (brush tip) Gel Pens: Sakura, Fiskars, Uni-ball Signo in the following sizes - 0.28/0.38/0.5/1.0 and Tekwriter Coloring Pencils: Prismacolor Premier Soft Core, Derwent Colorsoft, Prismacolor Verithins, Caran D'Ache Pablo Colored Pencils and Faber-Castell Polychromos 1 of 1 people found the following review helpful. Colorful Blessings by Valerie Sjodin By Marilynart Very inspiring book. Ms Sjodin's designs are delightful and the inspirational quotes are a definite plus. She has inspired me for a long time via her blog and workshops and I am so thrilled to own both of her books. Highly recommended!!!! 1 of 1 people found the following review helpful. Beautiful book By Rtspyderryder Beautiful! I love the art of Valerie Sjodin and follow her on Pinterest. I was glad when she put some of her art in an adult coloring book. It is inspirational. My daughter-in-law saw mine and loved it. I got one for her and plan on getting another one for my other daughter-in-law.

Adult coloring books have gone beyond a trend, creating a solid category in the publishing world. The craze has hit the religion and spirituality market as well. Prayer and meditation can provide people with a sense of oneness and positivity. In Colorful Blessings, the illustrations provide an outlet for people to combine coloring with prayer practices to help them connect mind, body, and soul. Colorful Blessings provides approximately 47 coloring pages that offer the colorist an opportunity to grow in creative expression while embracing spirituality. Illustrations range from less detailed to fairly intricate, but all provide an inspirational message of life and faith that is brought to life in color. Printed on perforated paper, the designs can be removed for easier coloring and/or hanging.

About the Author Valerie Sjodin is an artist, workshop facilitator, and author of Paintings, Prayers Passages. Valerie likes to tell the story of scripture through her artwork, and her focus is on Bible art journaling that combines creativity and meditation as she draws imagery from the meaning of a text passage. She offers online art journaling workshops, and her work has been featured in Art Journaling Magazine. She blogs at visualblessings.blogspot.com.